

MUM



Extend three middle fingers from fist, tap fingers on head twice

DAD



With middle and pointer fingers extended on both hands, palms down, tap fingers together twice

ROUTINE SIGNS

MILK



Start with open hand in front of you, close hand as you bring it down, copy with other hand and repeat

NAPPY



Thumbs on hips, tap first and middle finger to thumbs twice

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Baby and Toddler Signing



BATH



Fists on chest, alternatively
move hands up and down

BED



Palms together,
rest cheek on hands

ROUTINE SIGNS

EAT



Tips of thumb and fingers touching,
bring fingers towards mouth

DRINK



Hand in cupped shape, bring hand to
mouth

PLEASE



Fingers of flat hand on chin, then move forward and down curling fingers into hand

THANK YOU



Fingers of flat hand on chin, move forward and down in arc

ROUTINE SIGNS

BOOK



Palms together, open hands so palms face up and close again

LOVE



Both palms on chest over heart